## SCIENCE - GRADE 6

Food groups: ANSWERS

1. Diagram 1 shows some food items.

## Diagram 1



Classify them in the table below. One example has been done for you.

| Food for energy | Food for growth | Food for health |
| :---: | :---: | :---: |
| Bread | Chicken | Apple |
| Cakes | Fish | Carrot |
| Potato chips | Eggs | Lettuce |
| Rice |  | Pineapple |
|  |  |  |
|  |  |  |
|  |  |  |

2. Match Column A with Column B

| Column A | Column B |
| :--- | :---: |
| Food groups | Food items |
| Food for growth |  |
| nood for health $\longrightarrow$ nilk, meat, lentils, soya |  |
| Food for energy $\longrightarrow$ broccoli, pawpaw, grapes |  |

